

# DEE WHY DELIGHTS CANTEEN MENU 2023

## SANDWICHES

Vegemite	\$3.00
Vegemite & Cheese	\$3.30
Cheese	\$3.00
Cheese & Tomato	\$3.30
Ham	\$3.50
Ham & Cheese	\$3.70
Ham & Tomato	\$3.70
Ham, Cheese & Tomato	\$4.00
Ham & Salad	\$5.20
Salad	\$4.80
Egg	\$3.80
Egg & Lettuce	\$4.20
Chicken	\$4.20
Chicken & Cheese	\$4.50
Chicken & Tomato	\$4.50
Chicken, Cheese & Tomato	\$4.80
Chicken & Salad	\$5.60
Tuna	\$3.60
Tuna & Lettuce	\$4.00

## TOASTIES

Cheese	\$3.10
Cheese & Tomato	\$3.40
Ham	\$3.60
Ham & Cheese	\$3.80
Ham & Tomato	\$3.80
Ham, Cheese & Tomato	\$4.10
Chicken	\$4.30
Chicken & Cheese	\$4.60
Chicken & Tomato	\$4.60
Chicken, Cheese & Tomato	\$4.90

## WRAPS

Salad Wrap	\$4.90
Ham & Salad	\$5.30
Chicken & Salad	\$5.80

## SALADS

Garden Salad Box	\$5.50
Garden Salad W/Chicken Box	\$6.00
Caesar Salad Box	\$6.00
Chicken Caesar Salad Box	\$6.50

All sandwiches and toasties are available on gluten free wholemeal bread or on a roll with or without butter.  
Gf \$0.90 & Roll \$0.80.

## SUSHI

(Available Tuesday, Thursday & Friday)

Chicken	\$4.60
Teriyaki Chicken/Cucumber	\$4.30
Tuna/Avocado	\$4.30
Tuna	\$4.30
Avocado	\$4.30

## HOT FOOD

Beef Pie	\$4.20
Sausage Roll	\$4.20
Spinach & Ricotta Roll	\$4.20
Chicken Nuggets (x4)	\$3.50
Garlic Bread	\$2.50
Homemade Chicken Noodle Soup	\$4.60
Available Monday Only - Chicken Schnitzel Burger	\$5.50
Available Tuesday, Wednesday, Thursday Only -Dumplings (Pork & Chives or Vegetarian)	\$2.50

## FROZEN SNACKS

Frozen Orange Wedge	\$0.30
Frozen Pineapple Ring	\$0.30
Quelch Stick	\$0.80
Chocolate Moosie	\$1.80
Juicies (Wildberry, Tropical, Lemonade)	\$1.80

## SNACKS

Homemade Anzac Biscuits	\$0.80
Homemade Trail Mix	\$1.60
Bread Sticks x5 - (Plain Only)	\$0.50
Mini Muffin	\$1.90
Yoghurt	\$2.80
Veggie Sticks W/Hummus	\$3.30
Popcorn (Lightly Salted)	\$2.50
Red Rock Chips	\$2.00
Grain Waves - Sour Cream & Chives	\$2.00

## RECESS OPTIONS

Banana Bread	\$2.00
Pancakes W/Maple Syrup	\$2.20

## DRINKS

Juice Bomb	\$3.20
Glee	\$3.20
Orchy Fruit Juice	\$2.60
Chocolate Milk	\$2.80
Strawberry Milk	\$2.80